

* I’m a **responsible** person
* I take **initiatives**
* I choose my **actions, attitudes, and moods**
* I don’t blame others for my faults
* I do **good things**, even when no one is

around.



* I **plan ahead** and **set goals**
* I do things that have **meaning**
* **I’m an important part of my class**
* I figure out what **I want to be**
* I learn from **inspiring people**

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* I make my **schedule**
* I spend my time on **important things**
* I **study first**, then play
* I’m **disciplined** and **organized**
* I’m aware of the **time**



* I try to make **everyone happy**,

including me

* I seek for a **fair solution**
* I view life NOT as a competition
* I have **respect for everybody**
* I’m NOT a selfish person

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* I **listen to other** people’s ideas and feelings
* I listen with my **eyes, ears, and heart**
* I try understanding things from **other**

**people’s view**

* I DON’T interrupt whenever someone is

 talking

* I’m **confident** voicing MY ideas



* I **value** other people’s **differences**
* Being **unique** is cool
* I ask for other people’s ideas
* I’m a **good team player**
* I can **cooperate** with anyone



* I **exercise** regularly and eat **healthy foods**
* I can **learn new things** everywhere
* I spend time with my **family and friends**
* I **believe** and have **hope**
* I keep my mind, body, heart, and soul **balanced**